# MISSOURI DEPARTMENT OF MENTAL HEALTH (DMH) COMPREHENSIVE PSYCHIATRIC SERVICES (CPS) STATE ADVISORY COUNCIL (SAC) MEETING MINUTES December 3, 2009 Jefferson City, Missouri

**Members Present:** Robert Qualls, Jerome Riley, Heather Cushing, Kim Johnson, Karren Jones, Randy Evers, Barb Anderson, Liz Hagar-Mace, Andy Greening, Tish Thomas, Mary Lou Bussabarger, John Robbins, Greg Markway, Glenda Meachum-Cain, Stewart Chase

**Members Absent:** Linda Clarke, Donna Lay, Jessica Johnson, Sandra Hamilton, John Harper, Qiana Thomason, Robert Hawkins, Scott Giovanetti, Erica Stephens

**Visitors:** Mickie McDowell, Bruce Charles, Lauren Moyer, Nancy Perry, Stacy Glenn, Craig Miner, Richard Stevenson, Barry Armfield

SAC Staff: Rosie Anderson-Harper, Melissa Rivers

TOPIC/ISSUE	DISCUSSION	ACTION/PENDING Responsible Due Date
CALL TO ORDER	Helen Minth called the meeting of the CPS-SAC to order at 10:00 a.m. on Thursday, December 3, 2009. The meeting was held at the Department of Mental Health, 1706 East Elm St., Jefferson City, Missouri, in Conference Room B.	
INTRODUCTIONS/ PACKET REVIEW	Welcome and introductions were facilitated by Helen Minth. Rosie Anderson-Harper conducted the packet review for the State Advisory Council meeting.	

## FOR CO-OCCURRING EXCELLENCE

Craig Miner gave a presentation regarding the Missouri Cadre for Co-Occurring Excellence. He reported that the Cadre was awarded a Missouri Foundation for Health (MFH) grant that focused on the infrastructure of agencies and how to better serve those with co-occurring psychiatric and substance use disorders. He reported that the Missouri Institute for Mental Health (MIMH) provides the evaluation component of these new co-occurring programs at agencies funded by MFH. The Cadre has reached out to direct service employees, CEO's, Peer Specialists, Consumers and support organizations to produce a statewide focus on co-occurring disorders and treatment. Mr. Miner stated that the Cadre's goal is that every program becomes a welcoming, recovery oriented, co-occurring capable program. (Please see handouts for further detail.)

#### CRISIS INTERVENTION TEAMS

Sgt. Barry Armfield, St. Louis County Police Department, and Richard Stevenson, NAMI St. Louis, gave a presentation on the Crisis Intervention Teams (CIT) in the St. Louis regions. Mr. Stevenson provided a personal story demonstrating the need for a police force educated on mental health issues.

#### Sgt. Armfield reported on

- the intent of the Crisis Intervention Teams
- how they operate
- training provided in Kansas City and statewide
- positive outcomes of CIT.

He stated that if any other communities were interested in CIT training they should contact their mayor, city council, or local police chief and encourage them to get in touch with him. He has funding to do the CIT training for local police departments until June 2010. (Please see handout for further detail.)

#### **BUSINESS MEETING**

**Approval of Minutes:** Tish Thomas moved that the October meeting minutes be accepted. Andy Greening seconded the motion. The council voted unanimously in favor.

### COMMITTEE REPORTS

#### **MENTAL HEALTH AWARENESS DAY 2010**

Karren Jones gave an update of the Mental Health Awareness Day 2010 committee. She stated that the Mental Health Awareness Day has been scheduled for April 22<sup>nd</sup>, 2010.

The committee is working on various aspects of the day's events, such as: a hands-on activity of planting a tree, music, laughing yoga, information regarding quitting smoking, etc. Lincoln University staff is exploring food options from Hy-Vee, Central Dairy, Coca-Cola, and Little Caesar's. The entire third floor of the capitol rotunda has been reserved, instead of a portion of it like last year's event. The committee is exploring reimbursement to agencies for their mileage if they bring a large number of consumers to the event in a van or some form of transportation belonging to the agency.

#### **DATA COMMITTEE**

Stewart Chase reported that the Data Committee held their second meeting before the State Advisory Council meeting and reviewed the preliminary NOMs for FY09, the validity checked by the federal government over the next two months with the final report in March of 2010, the deviations from national benchmarks, etc. Stewart also encouraged other members of the State Advisory Council to attend this meeting, and that Qiana Thomason is the only other member of this committee at this point.

#### **OLD BUSINESS**

The Spring Training Institute will be held on May 20<sup>th</sup> and 21<sup>st</sup>, 2010. There were 70 proposals for presenters submitted. There will be numerous tracks available for those attending the conference and a "Meet the Expert" time. The Spring Training Institute will be held at Tan-Tar-A Resort in Osage Beach, Missouri.

#### **NEW BUSINESS**

Rikki Wright is scheduled to speak at the January State Advisory Council regarding the language of State Statute and the proposed Department Operating Regulation on the *Petition and Appeal Process When a Patient Refuses to Consent to Placement.* 

#### MEMBER REPORTS

Tish Thomas reported that during the week of December 1<sup>st</sup> – December 4<sup>th</sup>, 2009 there is a Wellness Recovery Action Plan (WRAP) Facilitator Certification Training event taking place at the Carver Farms Training Facility.

Andy Greening announced that Ann Hutton has been promoted to Chief Operating Officer at Preferred Family Healthcare.

Karren Jones reported that NAMI is going to be having Mental Health First Aid training, and that NAMI was getting ready for their Advocacy Days.

Kim Johnson reported that MOHealthNet will be cutting their rates, rather than cutting services.

Heather Cushing reported that she had just completed her first visit as a Consumer/Family Monitor.

Jerome Riley reported the community support workers at Community Counseling Center in Cape Girardeau are becoming more receptive to the Peer Specialist role.

Helen Minth reported that she just returned from the Alternatives conference in Omaha, Nebraska. There was an emphasis on wellness this year.

#### **ADJOURN**

Mary Lou Bussabarger made a motion to adjourn. Heather Cushing seconded the motion. The council voted unanimously in favor. The State Advisory Council for the Division of Comprehensive Psychiatric Services adjourned at 2:00 pm on December 3, 2009.

Next SAC Meeting will be on January 28, 2010 at the DMH central office.